STEPS
1. Reciting Al-Fatihah
   - Recite Al-Fatihah
   - Recite a verse/verses from the Qur’an

2. Making Takbiir
   - Say: Allahu Akbar.

3. Making Ruku*
   - Say: Allahu Akbar, before making Ruku*.
   - Say: Subhana rab-biya al-Aziim (3 times)

4. Rising from Ruku*
   - Say: Sami’Allahu liman hamidah
   - Rab-bana wa laka al hamd

5. Making 1st Sujud*
   - Say: Allahu Akbar, before you prostrate.
   - Say: Subhana rab-biya al-’A’laa (3 times)

6. Sitting after 1st Sujud*
   - Say: Allahu Akbar, when you sit.
   - Say: Rab-bi ighfīr lee. (2 times)

7. Making 2nd Sujud*
   - Say: Allahu Akbar, before you prostrate.
   - Say: Subhana rab-biya al-’A’laa (3 times)

8. Rising from 1st Rak’ah
   - Stand up, and Say: Allahu Akbar.

9. Making Ruku*
   - Say: Allahu Akbar, before making Ruku*.
   - Say: Subhana rab-biya al-Aziim (3 times)

10. Rising from Ruku*
    - Say: Sami’Allahu liman hamidah
    - Rab-bana wa laka al hamd

11. Making 1st Sujud*
    - Say: Allahu Akbar, before you prostrate.
    - Say: Subhana rab-biya al-’A’laa (3 times)

12. Sitting after 1st Sujud*
    - Say: Allahu Akbar, when you sit.
    - Say: Rab-bi ighfīr lee. (2 times)

13. Making 2nd Sujud*
    - Say: Allahu Akbar, before you prostrate.
    - Say: Subhana rab-biya al-’A’laa (3 times)

14. Making the 2 Taslimahs
    - Turn right and say: Assalamu Aleikum wa rahmatu Allah
    - Turn left and say: Assalamu Aleikum wa rahmatu Allah

15. Sitting for Reciting Tashahhud
    - Sit down, and Recite the tashahhud

16. INSTRUCTIONS FOR 5 DAILY PRAYERS
    Morning : Steps 1-16
    Early Afternoon: Steps 1-14 & continue with steps 2-16
    Mid Afternoon: Steps 1-14 & continue with steps 2-16
    Sunset: Steps 1-14 & continue steps 8-16
    Night: Steps 1-14 & continue with steps 2-16

Reciting Al-Fatihah
   - Recite Al-Fatihah
   - Recite a verse/verses from the Qur’an
For more information, please visit www.IslamiCity.com/prayers
Phone: (310) 642 - 0006 ext. 106

How To Perform Ablution

Ablution: Required procedure before prayer.

When intending to perform ablation, silently say:
In the name of Allah, Most Gracious, Most Merciful.

1. Then wash both hands up to the wrists three times making sure that water has reached between the fingers.
2. Wash the face three times from right ear to left ear and then from forehead to throat.
3. Put a handful of water into the mouth and rinse it thoroughly three times.
4. Gently water into the nostrils three times to clean them and then wash the tip of the nose.
5. Wash the right arm and then left arm, thoroughly from hand to elbow three times.
6. Pass the back of the wet hands over the rope.
7. Have the wet palms of both hands over the head, starting from the top of the forehead to the neck.
8. Wash both feet to the ankles starting from the right foot and making sure that water has reached between the toes and all other parts of the feet.

FIVE DAILY PRAYERS

Morning Prayer (Fajr) consisting of two units (each unit of prayer is called a rak’ah)
Early Afternoon Prayer (Zuhr) consisting of four units
Mid Afternoon Prayer (Asr) consisting of four units
Sunset Prayer (Maghrib) consisting of three units
Night Prayer (Isha) consisting of four units

Refer to pages 2-4 for a step by step prayer illustrations.

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